



la·crosse

/lə'krôz/ noun: **lacrosse**

a team game, originally played by North American Indians, in which the ball is thrown, caught, and carried with a long-handled stick having a curved L-shaped or triangular frame at one end with a piece of shallow netting in the angle.

**2023 Spring Season Registration is OPEN!**  
**Visit [www.NWJLC.com](http://www.NWJLC.com) to register online or by mail.**  
**Save \$25 when you register by Feb. 1<sup>st</sup>, 2023.**

### **Who Can Join?**

Boys and Girls in grades Kindergarten- 8<sup>th</sup> grade

### **Why Join The Fastest Growing Sport in North Warren and in the US?**

#### *Be Part of a Team*

Like many others, being part of a team is incredibly important in a game like lacrosse. It allows players to realize the importance of unifying and working together toward one goal, and the fact that everything they do impacts the others on their team (both directly and indirectly). Being part of a team allows you the opportunity to deal with different personalities, and who knows, maybe even become a leader yourself.

#### *Combines the Skills of Multiple Sports*

One of the reasons why lacrosse is such an interesting sport is because it combines a number of different sports into one.

#### *It's Challenging*

With the fact that lacrosse combines a number of different sports, it shouldn't be surprising to hear that learning to play or learning how to elevate your play is a challenge. For dedicated athletes, though, it's a challenge they enjoy facing head on. Nobody can just hop out of bed with the strength, endurance, and coordination to run up and down a 110-yard field for an hour and a half. You have to work at your conditioning and your stick skills to reach that level. But when you feel like you've turned a corner, it's very rewarding.

#### *Helps Your Performance in Other Sports, Too*

While lacrosse could be your first love, it may not be your only one, and that's OK! With all these benefits you can receive from the game, you have the opportunity to also carry it over into other sports. As mentioned above, there are plenty of other sports that value strength, endurance, /and coordination of various levels to be successful.

-Excerpt from <https://laxcamps.com/5-reasons-play-lacrosse>



## NORTH WARREN JUNIOR LACROSSE CLUB

SPRING 2023

### REGISTRATION DETAILS

#### **Little Laxers:** *Girls & Boys Grades K-2*

\$125 per player- Each level plays approximately 10 games with practices 1-2 times per week. Uniforms are purchased by families and can be used multiple seasons. Season runs from February-June\*\*

#### **Girls Lacrosse:** *Teams are comprised of 2 grades per level-*

3<sup>rd</sup> & 4<sup>th</sup> Grades, 5<sup>th</sup> & 6<sup>th</sup> Grades, 7<sup>th</sup> & 8<sup>th</sup> Grades- Each level plays approximately 10 games with practices 1-2 times per week. Uniforms are purchased by families and can be used multiple seasons. \$175 per player. Season runs February-June\*\*

#### **Boys Lacrosse:** *Teams are comprised of 2 grades per level-*

3<sup>rd</sup> & 4<sup>th</sup> Grades, 5<sup>th</sup> & 6<sup>th</sup> Grades, 7<sup>th</sup> & 8<sup>th</sup> Grades- Each level plays approximately 10 games with practices 1-2 times per week. Uniforms are purchased by families and can be used multiple seasons. \$175 per player. Season runs from February-June\*\*

#### **\*\*Important Notes:**

1. Little Laxers is split into Girls in grades K, 1<sup>st</sup>, & 2<sup>nd</sup> and Boys in grades K, 1<sup>st</sup>, & 2<sup>nd</sup>.
2. Each player must have a valid USA Lacrosse Membership. Details available at [USALacrosse.com](http://USALacrosse.com)
3. Little Laxers will play in 1 tournament. All other grades are offered 2 tournaments. Subject to coaching staff and player availability.
4. Additional fees: \$25 Blair Bubble Fee (per player) for indoor practices Feb-Mid March, \$100 Parent Volunteer Deposit (per player, also refunded upon completion of volunteer time).
5. Any registrations on or after 2/1/23 will be \$125 for Little Laxers and \$200 for grades 3<sup>rd</sup>-8<sup>th</sup>.
6. Individual and Business Sponsorships are always welcome! Ask us how!

These terms and conditions are subject to change without notice.